

2007 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

Produced by: Michael Noonan

CWF Rankings Statistician, 47 Saltley Street, Spotswood Vic 3015, Australia

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MEN: TOP-25 ABSOLUTE

as at 30 June

56kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Velluri Srinivasa Rao	1981	IND	55.40	110	135	245	13-Feb	Guwahati, IND
Pramod Goswami	Jr	IND		101	132	233	1-Mar	Chennai, IND
Usman Akbar	1982	PAK	55.90	103	125	228	10-Apr	Karachi, PAK
Sukhan Dey	1989	IND		106	122	228	1-Mar	Chennai, IND
J. Thirukumaran	Jr	IND	55.20	100	125	225	13-Feb	Guwahati, IND
Nevo Ioane	1988	SAM	55.91	100	125	225	27-Apr	Apia, SAM
Bronco Dieranaw	1991	NRU	55.71	95	120	215	25-Apr	Apia, SAM
Mohd Fazil Dollah	1989	MAS	52.64	95	118	213	14-May	Darwin, AUS
Ismail Katamba	1987	UGA				210	11-May	Tripoli, LBA
Azhar Iqbal		PAK	55.05	92	107	199	10-Apr	Karachi, PAK
Alphonso Adonis	1986	RSA	55.35	87	110	197	28-Apr	Port Elizabeth, RSA
C.G. Sanjith	Jr	IND		85	112	197	24-Mar	Kozhikode, IND
Jean-Philippe Gilbert	1987	CAN	55.80	79	113	192	18-May	St Thomas, CAN

62kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Dimitrios Minasidis	1989	CYP	61.46	128	156	284	11-Jun	Prague, CZE
Dalraj Sudalai Muthu		IND	61.50	115	142	257	13-Feb	Guwahati, IND
Daniel Koum Koum	1985	CMR	61.90	117	137	254	27-Jan	Melbourne, AUS
Rastam Sarang	1988	IND	61.10	109	143	252	13-Feb	Guwahati, IND
M. Ishtiaq Ghafoor	1976	PAK	61.80	117	135	252	10-Apr	Karachi, PAK
M.V. Manikanda	Jr	IND		108	141	249	2-Mar	Chennai, IND
Velayuthan Biju	1980	IND	61.60	110	138	248	13-Feb	Guwahati, IND
Sumeet Wadar	1991	IND		110	136	246	2-Mar	Chennai, IND
Amir Ali		PAK	61.30	113	130	243	10-Apr	Karachi, PAK
Kevin Stuart	1978	ENG	61.80	112	129	241	2-Jun	Lilleshall, GBR
Muthayiathever Muthukumar		IND	61.90	103	137	240	13-Feb	Guwahati, IND
Sohaib Lone		PAK	61.30	102	130	232	10-Apr	Karachi, PAK
Nevo Ioane	1988	SAM	61.00	100	130	230	29-Jun	Apia, SAM
Starron Dowabobo	1984	NRU	57.60	95	130	225	29-Apr	NRU
Mubarak Kivumbi	1989	UGA				225	11-May	Tripoli, LBA
Bronco Dieranaw	1991	NRU	62.00	95	130	225	18-Jun	Apia, SAM
Umar Rasool		PAK	60.60	98	120	218	10-Apr	Karachi, PAK
Gareth Evans	1986	WAL	58.45	97	120	217	1-Apr	Cardiff, GBR
Francois Lagace	1971	CAN	61.60	100	115	215	31-Mar	Sherbrooke, CAN
Khairul Ridhwan Ammeran	1990	MAS	59.00	90	121	211	14-May	Darwin, AUS
Umar Farooq		PAK	59.75	95	115	210	10-Apr	Karachi, PAK
Cameron Sinclair	1987	NZL	61.28	95	115	210	14-May	Darwin, AUS
Willem Phillips	1967	RSA	61.70	95	115	210	28-Apr	Port Elizabeth, RSA
Tekaei Temake	1986	KIR	62.00	90	120	210	29-Apr	Bairiki, KIR

69kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Bernardin Kingue Matam	1990	CMR	68.60	130	159	289	24-Jun	Langres, FRA
Francis Luna-Grenier	1987	CAN	68.92	127	161	288	12-Jun	Prague, CZE
Govindsamy Vadivelu	1975	IND	68.69	120	158	278	14-Feb	Guwahati, IND
Govindan Elumalai		IND	67.70	125	152	277	14-Feb	Guwahati, IND
Dimitrios Minasidis	1989	CYP	65.00	125	150	275	2-Jun	Hostenback, GER
David DeRose	1982	AUS	67.60	120	147	267	23-Jun	Toowoomba, AUS
Jasvir Singh	1977	IND	64.43	113	150	263	30-Jun	Surrey, CAN
Dominic Lussier	1984	CAN	68.70	117	145	262	18-May	St Thomas, CAN
Muhammad Ali		PAK	68.95	115	143	258	11-Apr	Karachi, PAK
Alexandros Amanatidis	1987	CYP	68.73	108	149	257	12-Jun	Prague, CZE
Mohd Hafifi Mansor	1990	MAS	66.06	110	145	255	14-May	Darwin, AUS
M.J. Karunya Kumar		IND	66.90	115	140	255	14-Feb	Guwahati, IND
Ike Aliklik	1985	NRU	67.20	115	140	255	18-Jun	Apia, SAM
Maksim Dubrouski	1981	ENG	68.80	115	140	255	2-Jun	Lilleshall, GBR
Dinesh Singh Thingnam		IND	68.15	112	142	254	14-Feb	Guwahati, IND
Anup Deo Toppo	Jr	IND		112	142	254	2-Mar	Chennai, IND
Logona Esau	1986	TUV	68.82	107	145	252	27-Apr	Apia, SAM
Nithin Kumar		IND	67.80	110	141	251	14-Feb	Guwahati, IND
K. Lalhanba	Jr	IND		110	139	249	2-Mar	Chennai, IND
Harish Sharma	Jr	IND		111	138	249	2-Mar	Chennai, IND
Abd Mubin Rahim	1991	MAS	67.94	108	140	248	14-May	Darwin, AUS
Mohsin Naseem		PAK	68.02	110	135	245	11-Apr	Karachi, PAK
Manoj Kumar		IND	68.10	110	135	245	14-Feb	Guwahati, IND
Romeo Simeon	1977	SEY		110	135	245	14-Apr	Victoria, SEY
Seht Fetrie	1974	GHA	69.00	105	138	243	29-Apr	Accra, GHA

77kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Yukio Peter	1984	NRU	76.92	147	189	336	3-Mar	Columbus, USA
Gurcharn Singh	1980	IND	75.00	135	167	302	15-Feb	Guwahati, IND
Santokh Kumar		IND	75.00	128	167	295	15-Feb	Guwahati, IND
Sudhir Kumar		IND	76.20	133	162	295	15-Feb	Guwahati, IND
Tariq Azam		PAK	77.00	132	163	295	11-Apr	Karachi, PAK
Awais Akbar	1974	PAK	76.20	132	162	294	11-Apr	Karachi, PAK
Francois Etoundi	1984	CMR	71.10	133	160	293	27-Jan	Melbourne, AUS
Bandi Rajkumar	1988	IND		133	160	293	3-Mar	Chennai, IND
David Sarkisian	1986	AUS	76.55	130	160	290	26-May	Melbourne, AUS
Saun Trebillcock	1985	ENG	76.60	120	165	285	9-Mar	Coruna, ESP
Bernardin Kingue Matam	1990	CMR	69.40	128	155	283	24-Mar	Bordeaux, FRA
Francis Luna-Grenier	1987	CAN	73.00	126	157	283	18-May	St Thomas, CAN
Mark Spooner	1984	NZL	74.28	124	158	282	14-May	Darwin, AUS
Ben Turner	1984	AUS	76.80	122	160	282	5-May	Nambour, AUS
Malek Chamoun	1989	AUS	76.90	123	153	276	31-Mar	Sydney, AUS
Shane Judson	1970	NZL	75.50	123	150	273	24-Mar	Wellington, NZL
Alexis Demers-Marcil	1984	CAN	76.70	128	145	273	18-May	St Thomas, CAN
Mark Nehme	1985	CAN	74.10	120	151	271	18-May	St Thomas, CAN
Laurent Goyette-Demers	1990	CAN	75.89	117	153	270	13-Jun	Prague, CZE
Larry Robinson	1970	CAN	76.30	120	150	270	18-May	St Thomas, CAN
Harpreet Singh	Jr	IND		121	146	267	3-Mar	Chennai, IND
Anthony Salsone	1987	AUS	75.70	115	151	266	14-Apr	Brisbane, AUS
Jocelyn Dewar	1984	CAN	77.00	116	150	266	3-Feb	Lachute, CAN
Paul Dumais	1991	CAN	76.30	120	145	265	18-May	St Thomas, CAN
Claude Caouette	1971	CAN	76.80	120	141	261	18-May	St Thomas, CAN

85kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Yukio Peter	1984	NRU	78.80	158	200	358	27-Apr	Apia, SAM
Buck Ramsay	1982	CAN	84.85	140	177	317	15-Mar	Matanzas, CUB
Richard Patterson	1983	NZL	83.04	141	175	316	15-May	Darwin, AUS
Serge Tremblay	1973	CAN	84.50	141	175	316	18-May	St Thomas, CAN
Inderjit Khela Singh	1982	ENG	81.20	145	170	315	2-Jun	Lilleshall, GBR
Khurram Shahzad	1981	PAK	83.90	135	170	305	11-Apr	Karachi, PAK
Iffi Abbas		PAK	81.80	132	169	301	11-Apr	Karachi, PAK
Faavae Faauliuli	1983	SAM	84.20	131	170	301	23-Feb	Apia, SAM
Peter Kirkbride	1987	SCO	84.10	125	170	295	14-Apr	Mytholmroyd, GBR
Uati Maposua	1976	SAM	84.40	135	160	295	27-Apr	Apia, SAM
R. Premkumar Mrajendran		IND	83.80	133	161	294	15-Feb	Guwahati, IND
Troy Hewkins	1986	AUS	83.90	131	160	291	23-Jun	Toowoomba, AUS
Haroon Bin Rasheed		PAK	83.70	133	150	283	11-Apr	Karachi, PAK
B. Narendra		IND	84.20	127	155	282	15-Feb	Guwahati, IND
Malek Chamoun	1989	AUS	83.98	127	150	277	14-Jun	Prague, CZE
Ben Mulder	1978	AUS	84.70	121	155	276	16-Jun	Launceston, AUS
Baljit Singh	Jr	IND		126	150	276	4-Mar	Chennai, IND
Larry Robinson	1970	CAN	77.20	123	152	275	31-Mar	Toronto, CAN
Jean-Philippe Maranda	1986	CAN	80.00	115	160	275	27-Jan	St-Georges de Beauce, CAN
Tia Falesuani	1986	SAM	84.45	125	150	275	29-Jun	Apia, SAM
David Katoatau	1984	KIR	84.92	120	155	275	29-Jun	Apia, SAM
Baldev Singh		IND	83.40	121	153	274	15-Feb	Guwahati, IND
Sean Trebillcock	1985	ENG	80.50	122	150	272	21-Apr	Mytholmroyd, GBR
Kashif Bhatti		PAK	84.00	122	150	272	11-Apr	Karachi, PAK
Dany Marineau	1988	CAN		121	151	272	17-Mar	Lachute, CAN
94kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Simplice Ribeoum	1982	CMR	88.00	150	185	335	24-Feb	Melbourne, AUS
Thomas Yule	1976	SCO	93.99	146	177	323	21-Apr	Strasbourg, FRA
Dalas-John Santavy	1972	CAN	91.80	141	181	322	18-May	St Thomas, CAN
Sacha Amede	1975	CAN	93.40	145	175	320	18-May	St Thomas, CAN
Nicolas Roberts	1984	CAN	91.00	141	175	316	16-Mar	Matanzas, CUB
Mark Clegg	1980	ENG	93.70	145	169	314	2-Jun	Lilleshall, GBR
Buck Ramsay	1982	CAN	87.00	140	170	310	3-Feb	Toronto, CAN
Mike Howarth	1984	ENG	91.00	140	170	310	2-Jun	Lilleshall, GBR
Abad Ali		PAK	92.35	140	170	310	12-Apr	Karachi, PAK
Gopalraj Senthil Kumar	1978	IND	92.90	133	177	310	16-Feb	Guwahati, IND
Bhagat Singh		IND	92.30	138	171	309	16-Feb	Guwahati, IND
Guy Marineau	1965	CAN	93.10	137	170	307	31-Mar	Sherbrooke, CAN
Max Dalsanto	1985	AUS	86.46	140	165	305	30-Jun	Adelaide, AUS
Gaston Wafo Foduoup	1972	CMR	92.67	140	165	305	23-Jun	Langres, FRA
Serge Tremblay	1973	CAN	86.00	135	165	300	3-Feb	Normandin, CAN
Emmanuel Citton	1982	AUS	93.76	130	170	300	27-Apr	Sydney, AUS
K. Samraj		IND	87.80	128	170	298	16-Feb	Guwahati, IND
Balwinder Kumar		IND	92.00	137	161	298	16-Feb	Guwahati, IND
Faavae Faauliuli	1983	SAM	86.90	127	170	297	29-Jun	Apia, SAM
Baljeet Singh		IND	87.30	132	160	292	16-Feb	Guwahati, IND
Travis Moe	1982	CAN		130	160	290	10-Feb	Calgary, CAN
Peter Kirkbride	1987	SCO	87.60	127	160	287	10-Mar	Coruna, ESP
Miles Dowswell	1971	CAN	91.85	135	152	287	31-Mar	Toronto, CAN
Tirath Sandhu	1970	CAN	93.60	120	163	283	31-Mar	Lake Country, CAN
Ben Mulder	1978	AUS	87.34	120	160	280	17-Mar	Launceston, AUS
Sylvain Leblanc	1966	CAN	91.90	130	150	280	18-May	St Thomas, CAN

105kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Niusila Opeloge	1980	SAM	104.60	150	200	350	13-Apr	Apai, SAM
Akos Sandor	1977	CAN	105.00	155	195	350	18-May	St Thomas, CAN
Ilalio Eleei	1979	SAM	103.20	145	182	327	18-Jun	Apai, SAM
Ivorn McKnee	1981	BAR	102.00	140	185	325	16-Mar	Matanzas, CUB
Thomas Yule	1976	SCO	97.60	145	172	317	4-Mar	Woking, GBR
Gurmeet Singh	1982	IND	101.50	140	175	315	17-Feb	Guwhati, IND
Sajjad Amin Malik	1973	PAK	104.15	145	170	315	12-Apr	Karachi, PAK
Sandeep Kumar		IND	104.70	137	178	315	17-Feb	Guwhati, IND
Rafal Korkowski	1980	CAN	105.00	145	170	315	18-May	St Thomas, CAN
Malisetty Srinivasa Rao		IND	101.00	142	172	314	17-Feb	Guwhati, IND
Pradeep Singh		IND	97.90	138	168	306	17-Feb	Guwhati, IND
Robert Galsworthy	1989	AUS	101.20	135	170	305	3-Jun	Perth, AUS
Usman Amjad Rathore	1987	PAK	100.95	130	166	296	12-Apr	Karachi, PAK
Sacha Amede	1975	CAN	98.00	135	160	295	3-Feb	Montreal, CAN
Haroon Shaukat		PAK	100.01	135	160	295	12-Apr	Karachi, PAK
Henk Booysen	1972	RSA	104.91	135	160	295	28-Apr	Port Elizabeth, RSA
Kamran Majid	1968	ENG	104.50	125	165	290	2-Jun	Lilleshall, GBR
Daniel Nemani	1981	NZL	104.70	130	160	290	28-Apr	Auckland, NZL
Loren Chiu	1979	CAN	105.00	130	160	290	31-Mar	Lake Country, CAN
Farhan Saleem		PAK	96.05	130	158	288	12-Apr	Karachi, PAK
Stanislav Chalaev	1986	NZL	100.50	126	160	286	28-Apr	Auckland, NZL
Peter Hardiman	1982	AUS	102.48	125	160	285	20-May	Sydney, AUS
Robert Gray	1978	CAN	96.50	131	150	281	18-May	St Thomas, CAN
Jon Low	1981	CAN	103.20	125	156	281	31-Mar	Lake Country, CAN
Sohail Sarwar		PAK	98.30	125	155	280	12-Apr	Karachi, PAK

+105kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Sarbjit Kanda	1983	IND	131.80	168	204	372	17-Feb	Guwhati, IND
Itte Detenamo	1986	NRU	148.20	162	200	362	29-Jun	Apia, SAM
Rizwan Ullah Lodhi		PAK	130.38	154	204	358	12-Apr	Karachi, PAK
Akos Sandor	1977	CAN	108.60	150	195	345	3-Jan	Toronto, CAN
Chris Rae	1980	AUS	135.24	160	185	345	30-Jun	Adelaide, AUS
Damon Kelly	1983	AUS	147.20	153	190	343	23-Jun	Toowoomba, AUS
Gurbinger Cheema Singh	1978	ENG	110.40	155	187	342	2-Jun	Lilleshall, GBR
Tavita Tuuamalii	1983	SAM	121.00	150	191	341	27-Apr	Apia, SAM
Dennis Suka		GHA	110.00	155	185	340	29-Apr	Accra, GHA
Pham Phangura	1979	CAN	128.90	145	191	336	18-May	St Thomas, CAN
Valerie Sarava	1978	AUS	109.10	150	185	335	16-Jun	Sydney, AUS
Maamaloa Loholei	1968	TGA	131.50	140	193	333	29-Jun	Apia, SAM
Sam Pera Jr	1989	COK	110.64	145	180	325	15-May	Darwin, AUS
William Ainslie	1979	RSA	127.27	142	175	317	28-Apr	Port Elizabeth, RSA
Tevita Ngali	1973	TGA	120.20	140	175	315	28-Apr	Auckland, NZL
Matthew Falcone	1987	AUS	149.95	133	173	306	24-Feb	Melbourne, AUS
Luc Lefebvre	1965	CAN	127.70	133	167	300	18-May	St Thomas, CAN
Jocelyn Bilodeau	1975	CAN		130	165	295	17-Mar	La Prairie, CAN
Svaradharaj V. Kumar	Jr	IND	128.00	132	163	295	4-Mar	Chennai, IND
Marc-Olivier Provost	1987	CAN	136.48	133	156	289	16-Jun	Prague, CZE
Joseph Muskett	1985	ENG	135.47	126	155	281	24-Mar	London, GBR
Sean Gawley	1974	CAN	106.65	130	150	280	31-Mar	Toronto, CAN

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WOMEN: TOP-25 ABSOLUTE

as at 30 June

48kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Soniya Chanu	1980	IND	47.86	75	93	168	13-Feb	Guwahati, IND
Maryse Turcotte	1975	CAN	47.90	71	96	167	31-Mar	Sherbrooke, CAN
A. Sandhya Rani	1980	IND	47.94	70	92	162	13-Feb	Guwahati, IND
Nilamshetty Krishna Veni	1985	IND	47.32	72	89	161	13-Feb	Guwahati, IND
Sukhbir Kaur		IND	48.00	76	85	161	13-Feb	Guwahati, IND
Azike Onyeka	1990	NGR	46.70	72	85	157	29-Apr	Lagos, NGR
Suzanne Hiram	1987	NRU	47.90	71	85	156	29-Jun	Apia, SAM
Portia Vries	1984	RSA	47.67	67	87	154	28-Apr	Port Elizabeth, RSA
Sharada Siddi		IND	47.62	68	82	150	13-Feb	Guwahati, IND
Erika Yamasaki	1987	AUS	47.90	67	81	148	10-Jun	Prague, CZE
B. Usha	Jr	IND		62	84	146	1-Mar	Chennai, IND
Jyotsama Tarafdar	Jr	IND		64	81	145	1-Mar	Chennai, IND
M. Sivarani	Jr	IND		61	79	140	1-Mar	Chennai, IND
Vivian Lee	1978	AUS	47.50	59	78	137	5-May	Melbourne, AUS
Maude-Emily Brodeur	1989	CAN	47.80	61	75	136	19-May	St Thomas, CAN
Jessica Ruel	1991	CAN	47.90	62	71	133	4-Mar	Repentigny, CAN
Azizah Fadzil	1991	MAS		58	73	131	4-Jun	Serdang, MAS
Nurniada Nordin	1988	MAS	47.90	58	70	128	14-May	Darwin, AUS
Maude Langevin	1990	CAN	47.40	54	68	122	14-Apr	Brossard, CAN
Katsia Telemaque	1988	SEY		55	66	121	14-Apr	Victoria, SEY
Kaia Dala	1989	PNG	47.94	56	60	116	29-Apr	Port Moresby, PNG
Manon Poulin-Cyr	1963	CAN	47.60	52	63	115	19-May	St Thomas, CAN
Alice Kawla'a	1988	SOL	47.00	50	60	110	29-Apr	Honiara, SOL
Hitolo Dogodo	1990	PNG	44.66	47	60	107	29-Apr	Port Moresby, PNG
Ranu Sanule	1990	PNG	46.48	47	60	107	29-Apr	Port Moresby, PNG
53kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Th. Sanamacha Chanu	1978	IND	52.71	86	108	194	14-Feb	Guwahati, IND
Dika Toua	1984	PNG	52.89	81	106	187	29-Jun	Apia, SAM
Monitombi Devi		IND	52.61	78	102	180	14-Feb	Guwahati, IND
Suni Bala Devi Maibam	Jr	IND	52.69	80	98	178	14-Feb	Guwahati, IND
Maryse Turcotte	1975	CAN	50.70	70	100	170	27-Jan	La Prairie, CAN
Minati Sethi	Jr	IND	51.56	73	94	167	14-Feb	Guwahati, IND
Gladis Chukwue Meka	1984	NGR	52.60	72	95	167	29-Apr	Lagos, NGR
Annie Moniqui	1990	CAN	52.10	70	92	162	20-Jan	Lachute, CAN
Kalyani Karanam	1985	IND	52.01	70	90	160	14-Feb	Guwahati, IND
Suzanne Hiram	1987	NRU	49.40	72	84	156	9-Feb	Apia, SAM
Joanne Calvino	1980	ENG	52.90	66	90	156	19-May	Bischofshofen, AUT
Erika Yamasaki	1987	AUS	51.90	68	85	153	23-Jun	Toowoomba, AUS
Raihan Yusoff	1988	MAS		62	90	152	5-Jun	Serdang, MAS
Marilou Dozois-Prevost	1986	CAN	52.30	67	81	148	19-May	St Thomas, CAN
N. Laxmi Devi	Jr	IND		65	82	147	2-Mar	Chennai, IND
Davina Hughes	1989	AUS	52.86	64	80	144	14-May	Darwin, AUS
Sharifah Inani Najwa Syd	1990	MAS	52.58	61	78	139	14-May	Darwin, AUS
Gloria Kimbu	1987	PNG	52.90	63	75	138	29-Apr	Port Moresby, PNG
Rosemary Densmore	1984	CAN	52.20	59	78	137	19-May	St Thomas, CAN
Socheata Be	1989	AUS	52.54	62	72	134	20-Apr	Sydney, AUS
Vivian Lee	1978	AUS	49.15	56	77	133	27-Jan	Melbourne, AUS
Jessica Ruel	1991	CAN	51.10	61	70	131	14-Apr	Brossard, CAN
Zoe Smith	1994	ENG	52.60	59	70	129	5-May	Alfreton, GBR
Melodie Ogletree	1978	CAN	51.90	56	69	125	31-Mar	Toronto, CAN
Lisa Souter	1973	AUS	52.76	52	72	124	14-May	Darwin, AUS

58kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Yamman Renu Balla Chanu	1986	IND	57.34	94	114	208	14-Feb	Guwahati, IND
Sunaina	1980	IND	56.70	83	105	188	14-Feb	Guwahati, IND
S. Yamini	Jr	IND		85	103	188	2-Mar	Chennai, IND
Joke Adekola	1986	NGR	56.80	85	102	187	31-Mar	Lake Country, CAN
Wendy Hale	1987	SOL	57.01	81	100	181	25-Apr	Apia, SAM
Valerie Lefebvre	1990	CAN	57.80	80	100	180	19-May	St Thomas, CAN
Emily Quarton	1984	CAN	57.95	79	95	174	14-Mar	Matanzas, CUB
Jacinthe Deschenes	1987	CAN	57.15	79	92	171	12-Jun	Prague, CZE
R. Maheshwari	Jr	IND		80	90	170	2-Mar	Chennai, IND
Mona Pretorius	1988	RSA	56.92	76	92	168	28-Apr	Port Elizabeth, RSA
Veronica Follick	1985	CAN	57.10	73	93	166	31-Mar	Lake Country, CAN
Minakshi		IND	56.94	72	91	163	14-Feb	Guwahati, IND
Helen Jewell	1988	ENG	57.70	75	86	161	2-Jun	Lilleshall, GBR
Clementina Agricole	1988	SEY		70	90	160	14-Apr	Victoria, SEY
Isabelle Depres	1980	CAN	58.00	74	85	159	3-Feb	Toronto, CAN
Joanne Calvino	1980	ENG	55.01	67	91	158	22-Jun	Verona, ITA
W. Khomdonbi Devi		IND	57.09	71	87	158	14-Feb	Guwahati, IND
P.C. Vanlalawmpuii		IND	57.07	67	87	154	14-Feb	Guwahati, IND
J. Varalakshmi	Jr	IND		62	90	152	2-Mar	Chennai, IND
Claudine Martin	1980	CAN	57.40	68	81	149	19-May	St Thomas, CAN
Pamela Bougie	1991	CAN	57.80	70	78	148	5-May	Rouyn Noranda, CAN
Diana Loy	1965	AUS	57.80	64	83	147	15-May	Darwin, AUS
Davina Hughes	1989	AUS	54.80	63	81	144	23-Jun	Toowoomba, AUS
Amy Hardy	1989	AUS	57.80	63	80	143	20-Apr	Sydney, AUS
Faitoa Tavila	1989	NRU	55.00	62	80	142	29-Apr	NRU
Socheata Be	1989	AUS	57.00	66	76	142	24-Mar	Melbourne, AUS
Marie Pepin	1989	CAN	57.90	64	78	142	19-May	St Thomas, CAN
Carolanne Lanouette	1990	CAN	58.00	63	79	142	31-Mar	Sherbrooke, CAN

63kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Christine Girard	1985	CAN	63.00	100	127	227	19-May	St Thomas, CAN
Thongam Soma Rani Chanu	1985	IND	58.10	86	115	201	15-Feb	Guwahati, IND
Inu Rani Chanu Tongbram	1985	IND	61.80	88	113	201	15-Feb	Guwahati, IND
Poireri Nganbi Chanu		IND	62.10	88	112	200	15-Feb	Guwahati, IND
Tania Whalen	1981	CAN	62.00	89	106	195	31-Mar	Sherbrooke, CAN
Seen Lee	1982	AUS	59.20	90	104	194	16-Jun	Melbourne, AUS
Miel McGerrigle	1977	CAN	62.90	88	105	193	31-Mar	Toronto, CAN
Nirmala Kuna		IND	58.20	80	106	186	15-Feb	Guwahati, IND
K. Romi Devi		IND	61.70	86	100	186	15-Feb	Guwahati, IND
Valerie Lefebvre	1990	CAN	60.40	81	101	182	20-Jan	Lachute, CAN
Seeta Jena	Jr	IND	62.40	77	100	177	15-Feb	Guwahati, IND
G. Suriya Prabha	Jr	IND		77	98	175	3-Mar	Chennai, IND
Jacque White	1982	AUS	63.00	80	94	174	5-May	Melbourne, AUS
Wendy Hale	1987	SOL	58.80	70	100	170	29-Jun	Apia, SAM
G. Aruna Rani	Jr	IND		75	95	170	3-Mar	Chennai, IND
Jacinthe Deschenes	1987	CAN		76	93	169	17-Mar	Rouyn Noranda, CAN
K.H. Nganthoi Chanu		IND	61.40	73	95	168	15-Feb	Guwahati, IND
Prossy Nyanga		UGA				167	11-May	Tripoli, LBA
Shade Jimoh	1985	NGR	61.50	72	92	164	29-Apr	Lagos, NGR
Rita Kari	1989	PNG	59.40	70	90	160	29-Apr	Port Moresby, PNG
Amy Eastmond	1986	ENG	62.15	72	85	157	2-Jun	Lilleshall, GBR
Nicole Sawon	1978	AUS	62.82	70	87	157	30-Jun	Adelaide, AUS
Stephanie Tremblay- Chapdeleine	1987	CAN	62.90	68	88	156	31-Mar	Sherbrooke, CAN
Sukhdeep Kaur		IND	58.90	65	90	155	15-Feb	Guwahati, IND
Maude Duchesne	1990	CAN	62.40	65	90	155	31-Mar	Sherbrooke, CAN
Mercy Obiero	1978	KEN				155	28-Mar	Kampala, UGA

69kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Laishran Monika Devi	1980	IND	68.52	106	123	229	16-Feb	Guwahati, IND
Christine Girard	1985	CAN		90	120	210	17-Mar	Rouyn Noranda, CAN
Marie-Eve Beauchemin-Nadeau	1988	CAN	68.90	91	116	207	19-May	St Thomas, CAN
Michaela Breeze	1979	WAL	63.80	90	112	202	1-Apr	Cardiff, GBR
Tania Whalen	1981	CAN		87	109	196	17-Mar	La Prairie, CAN
Janet Thelermont	1979	SEY		90	105	195	14-Apr	Victoria, SEY
Katelynn Williams	1987	CAN	67.30	83	105	188	19-May	St Thomas, CAN
Rajya Lakshmi		IND	65.72	85	98	183	16-Feb	Guwahati, IND
Srishti Singh	Jr	IND		77	101	178	4-Mar	Chennai, IND
Natasha Perdue	1975	WAL	68.90	77	100	177	20-Jan	Birmingham, GBR
Mary Ehlebi	1984	NGR	68.00	75	100	175	29-Apr	Lagos, NGR
R. Kavitha	Jr	IND		78	95	173	4-Mar	Chennai, IND
Archana Boro	Jr	IND	63.36	80	92	172	16-Feb	Guwahati, IND
Srishti Singh		IND	68.52	75	97	172	16-Feb	Guwahati, IND
Elena Palamara	1986	AUS	66.70	78	91	169	20-May	Sydney, AUS
Anjani Nabiyal		IND	67.99	75	92	167	16-Feb	Guwahati, IND
Jodie Kokiva	1990	PNG	68.30	73	93	166	29-Apr	Port Moresby, PNG
Holly Collyer	1988	AUS	66.20	70	95	165	23-Jun	Toowoomba, AUS
Mary Opeloge	1992	SAM	68.42	75	90	165	25-Apr	Apia, SAM
Maude Duchesne	1990	CAN	63.40	70	85	155	14-Apr	Brossard, CAN
Sunita Rani		IND	64.84	68	86	154	16-Feb	Guwahati, IND
Chelse Zarboni-Berthiaume	1991	CAN		71	83	154	30-Jun	Montreal, CAN
Tamara Hampton	1987	AUS	68.40	69	83	152	23-Jun	Toowoomba, AUS
Pamela Bougie	1991	CAN	63.10	71	79	150	6-Mar	Repentigny, CAN
Emma Barnes-Crevier	1986	CAN	68.40	64	85	149	31-Mar	Sherbrooke, CAN

75kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Jeanne Lassen	1980	CAN	73.10	112	137	249	25-Mar	Bordeaux, FRA
Sumati Devi	1984	IND	75.00	95	115	210	16-Feb	Guwahati, IND
Juliet E. Okoebor	1989	NGR	73.50	92	115	207	29-Apr	Lagos, NGR
Anike Ayodeji	1983	NGR	74.20	90	115	205	19-May	St Thomas, CAN
Athokpam Janeswori Devi	1986	IND	72.30	90	110	200	16-Feb	Guwahati, IND
Pilla Lakshmi	1985	IND	72.24	87	108	195	16-Feb	Guwahati, IND
Amanda Phillips	1981	AUS	74.80	81	110	191	23-Jun	Toowoomba, AUS
Marie-Eve Beauchemin-Nadeau	1988	CAN	69.30	83	105	188	16-Mar	Matanzas, CUB
Kara Yessie	1982	CAN	74.20	85	103	188	19-May	St Thomas, CAN
Tulasi Kommeria		IND	74.88	85	103	188	16-Feb	Guwahati, IND
Caroline Girard	1982	CAN	74.60	80	106	186	19-May	St Thomas, CAN
Babalwa Ramahlape	1980	RSA	74.98	80	100	180	28-Apr	Port Elizabeth, RSA
K. Thulasi	Jr	IND		80	100	180	4-Mar	Chennai, IND
Mary Opeloge	1992	SAM	70.80	84	94	178	29-Jun	Apia, SAM
Katelynn Williams	1987	CAN	69.10	80	95	175	20-Jan	Lachute, CAN
Chitra Chandrammohan	Jr	IND	69.61	77	95	172	4-Mar	Chennai, IND
Marie York	1988	ENG	72.40	74	94	168	19-Jan	Strasbourg, FRA
P. Kom	Jr	IND		73	95	168	4-Mar	Chennai, IND
Kerri-Ann Wotnick	1983	ENG	72.65	75	90	165	2-Jun	Lilleshall, GBR
Alison Noble	1979	AUS	74.40	74	88	162	14-Apr	Brisbane, AUS
Emma Barnes-Crevier	1986	CAN	69.20	68	91	159	19-May	St Thomas, CAN
Kristin Dyer	1976	CAN	72.20	66	88	154	19-May	St Thomas, CAN
Kathryn Davis	1986	AUS	73.22	71	81	152	20-May	Sydney, AUS
Guba Hale	1986	PNG	69.40	70	80	150	29-Apr	Port Moresby, PNG
Tamara Hampton	1987	AUS	69.46	65	78	143	15-May	Darwin, AUS

+75kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Ele Opeloge	1985	SAM	114.20	108	145	253	18-Jun	Apia, SAM
Geeta Rani	1981	IND	107.50	101	140	241	17-Feb	Guwahati, IND
Funke Adeoye	1985	NGR	82.50	102	127	229	29-Apr	Lagos, NGR
Deborah Lovely	1983	AUS	86.60	100	126	226	15-May	Darwin, AUS
Natalie Williams	1986	CAN	132.20	95	130	225	19-May	St Thomas, CAN
Kefiline Tualau	1984	TGA	134.27	103	120	223	29-Jun	Apia, SAM
Narita Viliamu	1989	NIU	141.00	88	120	208	29-Apr	Alofi, NIU
Anike Ayodeji	1983	NGR	75.40	90	115	205	31-Mar	Lake Country, CAN
Ijeoma Nwatu	1983	NGR	78.20	90	112	202	31-Mar	Lake Country, CAN
Spandana Pulikam		IND	84.30	91	100	191	17-Feb	Guwahati, IND
Kara Yesie	1982	CAN	77.04	84	106	190	5-May	Denver, USA
Caroline Girard	1982	CAN	81.70	82	107	189	3-Feb	Rouyn, CAN
Amanda Phillips	1981	AUS	79.80	81	105	186	2-Jun	Brisbane, AUS
Judith Ketchanke	1983	CMR	95.80	75	100	175	4-Mar	Bourgogne, FRA
Danielle Waller	1965	AUS	87.45	77	93	170	18-Mar	Perth, AUS
Sarah Moreau	1991	CAN	93.40	76	93	169	6-Mar	Repentigny, CAN
Tracey Lambrechts	1985	NZL	80.40	75	92	167	28-Apr	Auckland, NZL
Pardeep Kuar		IND		68	93	161	4-Mar	Chennai, IND
Matilda Joe	1986	PNG	86.19	73	85	158	29-Apr	Port Moresby, PNG
Kate Linford	1987	AUS	97.92	71	87	158	15-May	Darwin, AUS
Kellee Burton	1982	CAN	77.40	68	89	157	31-Mar	Sherbrooke, CAN
Daisy Tolugu	1975	SOL	80.00	67	90	157	29-Apr	Honiara, SOL
Chanelle Sa'u	1991	AUS	108.40	70	85	155	23-Jun	Toowoomba, AUS
Y. Binti Devi		IND		69	86	155	4-Mar	Chennai, IND
Rebecca Patrick	1980	AUS	82.40	66	96	152	3-Jun	Perth, AUS

2007 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

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MEN: ONE PER COUNTRY

as at 30 June

56kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Valluri Srinivasa Rao	1981	IND	55.40	110	135	245	13-Feb	Guwahati, IND
Usman Akbar	1982	PAK	55.90	103	125	228	10-Apr	Karachi, PAK
Neva Ioane	1988	SAM	55.91	100	125	225	27-Apr	Apia, SAM
Bronco Dieranaw	1991	NRU	55.71	95	120	215	25-Apr	Apia, SAM
Mohd Fazil Dollah	1989	MAS	52.64	95	118	213	14-May	Darwin, AUS
Ismail Katamba	1987	UGA				210	11-May	Tripoli, LBA
Alphonso Adonis	1986	RSA	55.35	87	110	197	28-Apr	Port Elizabeth, RSA
Jean-Philippe Gilbert	1987	CAN	55.80	79	113	192	18-May	St Thomas, CAN
Brown Ramohaka	1988	SOL	55.00	80	105	185	29-Apr	Honiara, SOL
Ianne Guinares	1988	NZL	55.90	81	101	182	28-Apr	Auckland, NZL
Chris Freebury	1989	ENG	55.90	80	100	180	2-Jun	Lilleshall, GBR
Steven McMichael	1984	SCO	56.00	80	100	180	2-Jun	Lilleshall, GBR
Matthew Peterson	1989	AUS	55.95	80	93	173	16-Jun	Melbourne, AUS
Leon Withrite		GUY	39.60	70	100	170	3-Jun	Georgetown, GUY
Daniel Dako		GHA	56.00	70	95	165	29-Apr	Accra, GHA
Morea Baru	1991	PNG	55.87	73	91	164	29-Apr	Port Moresby, PNG
Siaosi' Ofa ulunga	1965	TGA	56.00	65	90	155	29-Apr	Nukualofa, TGA
Matthew Madsen	1991	NZL	50.52	61	85	146	20-Apr	Sydney, AUS
Ian Critchlow	1991	WAL	53.00	50	62	112	13-May	Holyhead, GBR
Brian Best	1996	BAR	39.00	35	40	75	24-Feb	Kosice, SVK

62kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Dimitrios Minasidis	1989	CYP	61.46	128	156	284	11-Jun	Prague, CZE
P. Sudalai Muthu		IND	61.50	115	142	257	13-Feb	Guwahati, IND
Daniel Koum Koum	1985	CMR	61.90	117	137	254	27-Jan	Melbourne, AUS
M. Ishtiaq Ghafoor	1976	PAK	61.80	117	135	252	10-Apr	Karachi, PAK
Kevin Stuart	1978	ENG	61.80	112	129	241	2-Jun	Lilleshall, GBR
Nevo Ioane	1988	SAM	61.00	100	130	230	29-Jun	Apia, SAM
Starron Dowabobo	1984	NRU	57.60	95	130	225	29-Apr	NRU
Mubarak Kivumbi	1989	UGA				225	11-May	Tripoli, LBA
Gareth Evans	1986	WAL	58.45	97	120	217	1-Apr	Cardiff, GBR
Francois Lagace	1971	CAN	61.60	100	115	215	31-Mar	Sherbrooke, CAN
Khairul Ridhwan Ammeran	1990	MAS	59.00	90	121	211	14-May	Darwin, AUS
Cameron Sinclair	1987	NZL	61.28	95	115	210	14-May	Darwin, AUS
Willem Phillips	1967	RSA	61.70	95	115	210	28-Apr	Port Elizabeth, RSA
Tekaei Temake	1986	KIR	62.00	90	120	210	29-Apr	Bairiki, KIR
Bryan Turnor	1989	AUS	61.14	86	115	201	14-May	Darwin, AUS
Ian Rose		SEY		90	110	200	14-Apr	Victoria, SEY
Steven Kari	1987	PNG	58.66	85	105	190	29-Apr	Port Moresby, PNG
Daniel Arhin		GHA	62.00	85	105	190	29-Apr	Accra, GHA
Brown Ramahaka	1988	SOL	61.56	82	105	187	14-May	Darwin, AUS
Christopher Clarke	1990	BAR	61.80	82	105	187	24-Feb	Kosice, SVK
Dale Cree	1992	SCO	60.40	55	75	130	5-May	Alfreton, GBR
Garvan Prince	1989	GUY		50	70	120	3-Jun	Georgetown, GUY
James Small	1992	NIR	61.80	50	60	110	28-Apr	Ballyclare, NIR
Relebohile Motjamela		LES	59.95	80	---	---	28-Apr	Port Elizabeth, RSA

69kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Bernardin Kingue Matam	1990	CMR	68.60	130	159	289	24-Jun	Langres, FRA
Francis Luna-Grenier	1987	CAN	68.92	127	161	288	12-Jun	Prague, CZE
Govindsamy Vadivelu	1975	IND	68.69	120	158	278	14-Feb	Guwahati, IND
Dimitrios Minasidis	1989	CYP	65.00	125	150	275	2-Jun	Hostenbach, GER
David DeRose	1982	AUS	67.60	120	147	267	23-Jun	Toowoomba, AUS
Muhammad Ali		PAK	68.95	115	143	258	11-Apr	Karachi, PAK
Mohd Hafifi Mansor	1990	MAS	66.06	110	145	255	14-May	Darwin, AUS
Ike Aliklik	1985	NRU	67.20	115	140	255	18-Jun	Apia, SAM
Maksim Dubrouski	1981	ENG	68.80	115	140	255	2-Jun	Lilleshall, GBR
Logona Esau	1986	TUV	68.82	107	145	252	27-Apr	Apia, SAM
Romeo Simeon	1977	SEY		110	135	245	14-Apr	Victoria, SEY
Seht Fetrie	1974	GHA	69.00	105	138	243	29-Apr	Accra, GHA
Otsile Shushu	1980	RSA	62.65	105	135	240	28-Apr	Port Elizabeth, RSA
Toafitu Perive	1985	SAM	68.89	100	135	235	29-Jun	Apia, SAM
Musa Kamara	1979	SLE	66.76	104	125	229	20-May	Sydney, AUS
Graeme Kane	1988	SCO	69.00	100	125	225	14-Apr	Mytholmroyd, GBR
Makhosi Shabalala	1981	SWZ	68.60	92	131	223	28-Apr	Port Elizabeth, RSA
Neil Dougan	1985	NIR	67.90	95	122	217	14-Apr	Mytholmroyd, GBR
Daniel Murtagh	1989	WAL	66.00	95	110	205	13-May	Holyhead, GBR
Ben Saupo	1980	PNG	68.06	90	115	205	29-Apr	Port Moresby, PNG
Clint Grech	1987	MLT	68.80	92	110	202	1-Apr	Valetta, MLT
Jeffrey Hrovaka	1987	SOL	68.00	85	110	195	29-Apr	Honiara, SOL
Bruce Campbell-Main	1984	NZL	67.50	79	102	181	28-Apr	Auckland, NZL
Sitrla Barcelona Pera	1992	COK	68.40	75	85	160	14-May	Darwin, AUS
Dane Henry		GUY	68.40	62	70	132	3-Jun	Georgetown, GUY
Frank Solidza		MAW	67.00	---	105	---	27-May	Lilongwe, MAW

77kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Yukio Peter	1984	NRU	76.92	147	189	336	3-Mar	Columbus, USA
Gurcharn Singh	1980	IND	75.00	135	167	302	15-Feb	Guwahati, IND
Tariq Azam		PAK	77.00	132	163	295	11-Apr	Karachi, PAK
Francois Etoundi	1984	CMR	71.10	133	160	293	27-Jan	Melbourne, AUS
David Sarkisian	1986	AUS	76.55	130	160	290	26-May	Melbourne, AUS
Saun Trebillcock	1985	ENG	76.60	120	165	285	9-Mar	Coruna, ESP
Francis Luna-Grenier	1987	CAN	73.00	126	157	283	18-May	St Thomas, CAN
Mark Spooner	1984	NZL	74.28	124	158	282	14-May	Darwin, AUS
Michael Sebbale		UGA		110	150	260	30-Mar	Kampala, UGA
Alexandros Amanatidis	1987	CYP	70.80	108	147	255	2-Jun	Hostenback, GER
Charles Simeon	1982	SEY	76.08	115	135	250	28-Apr	Port Elizabeth, RSA
Logona Esau	1986	TUV	70.54	100	147	247	29-Jun	Apia, SAM
Graeme Kane	1988	SCO	72.70	105	140	245	2-Jun	Lilleshall, GBR
Peter Stewart	1978	NIR	75.31	108	137	245	11-Apr	Columbus, USA
Stephen Cupido	1986	RSA	71.66	110	130	240	28-Apr	Port Elizabeth, RSA
Jimmy Naime	1987	PNG	76.96	105	135	240	29-Apr	Port Moresby, PNG
Samuel Ayi		GHA	77.00	105	125	230	29-Apr	Accra, GHA
David Gorosi	1988	SOL	74.00	97	125	222	29-Apr	Honiara, SOL
Beeru Teiaa	1988	KIR	77.00	95	125	220	29-Apr	Bairiki, KIR
Paul Richard	1973	WAL	76.82	95	121	216	20-Apr	Strasbourg, FRA
James Burley	1991	SCO	75.70	86	100	186	5-May	Alfreton, GBR
Brandon Inniss	1993	BAR	70.10	80	100	180	24-Feb	Kosice, SVK
Clive Zammit	1989	MLT	75.80	80	100	180	1-Apr	Valletta, MLT
Richard Pulotu	1991	SAM	77.00	75	100	175	27-Apr	Apia, SAM

85kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Yukio Peter	1984	NRU	78.80	158	200	358	27-Apr	Apai, SAM
Buck Ramsay	1982	CAN	84.85	140	177	317	15-Mar	Matanzas, CUB
Richard Patterson	1983	NZL	83.04	141	175	316	15-May	Darwin, AUS
Inderjit Khela	1982	ENG	81.20	145	170	315	2-Jun	Lilleshall, GBR
Khurram Shahzad	1981	PAK	83.90	135	170	305	11-Apr	Karachi, PAK
Faavae Faauliuli	1983	SAM	84.20	131	170	301	23-Feb	Apai, SAM
Peter Kirkbride	1987	SCO	84.10	125	170	295	14-Apr	Mytholmroyd, GBR
R. Premkumar Mrajendran		IND	83.80	133	161	294	15-Feb	Guwahati, IND
Troy Hawkins	1986	AUS	83.90	131	160	291	23-Jun	Toowoomba, AUS
David Katoatau	1984	KIR	84.92	120	155	275	29-Jun	Apai, SAM
Mohd Faiz Musa	1989	MAS	84.64	110	150	260	15-May	Darwin, AUS
Sade Fiua	1974	SOL	79.00	105	135	240	29-Apr	Honiara, SOL
Terrence Dixie	1983	SEY		110	130	240	14-Apr	Victoria, SEY
William Vasiliades	1987	CYP	77.10	105	130	235	2-Jun	Hostenback, GER
Linda Matshebula		SWZ	79.89	102	133	235	28-Apr	Port Elizabeth, RSA
Thapelo Maikhi	1983	RSA	78.56	103	130	233	28-Apr	Port Elizabeth, RSA
Bradley Inniss	1985	BAR	82.35	97	120	217	15-Mar	Matanzas, CUB
Paul Richard	1973	WAL	79.15	95	115	210	1-Apr	Cardiff, GBR
Matthew Muscat Inglott	1982	MLT	82.30	93	115	208	1-Apr	Valletta, MLT

94kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Simplice Ribouem	1982	CMR	88.00	150	185	335	24-Feb	Melbourne, AUS
Thomas Yule	1976	SCO	93.99	146	177	323	21-Apr	Strasbourg, FRA
Dalas-John Santavy	1972	CAN	91.80	141	181	322	18-May	St Thomas, CAN
Mark Clegg	1980	ENG	93.70	145	169	314	2-Jun	Lilleshall, GBR
Abad Ali		PAK	92.35	140	170	310	12-Apr	Karachi, PAK
Gopalraj Senthil Kumar	1978	IND	92.90	133	177	310	16-Feb	Guwahati, IND
Max Dalsanto	1985	AUS	86.46	140	165	305	30-Jun	Adelaide, AUS
Tia Falesuani	1986	SAM	85.70	125	150	275	25-Apr	Apai, SAM
Muhammad Zafril Zulkifli	1988	MAS	93.88	125	145	270	15-May	Darwin, AUS
Elvis Jeanne	1975	SEY		120	150	270	14-Apr	Victoria, SEY
Jonathon Selkirk	1984	NZL	91.64	120	146	266	15-May	Darwin, AUS
Noel Coleiro	1974	MLT	90.30	115	147	262	2-Jun	Hostenback, GER
Jean Greef	1990	RSA	85.87	111	136	247	28-Apr	Port Elizabeth, RSA
Douglas Teimitsi	1986	NRU	90.50	110	135	245	29-Apr	NRU
Liam Whiteway	1977	NIR	90.60	105	132	237	28-Apr	Ballyclare, NIR
Wilfrid Ayttey	1989	GHA	94.00	100	132	232	29-Apr	Accra, GHA
Tetika Tetika	1990	KIR	94.00	90	115	205	29-Apr	Bairiki, KIR
Ajodah Persaud	1987	GUY		72	85	157	3-Jun	Georgetown, GUY
James Abernethy	1993	WAL	92.10	65	80	145	20-Jan	Copenhagen, DEN
Evanche Chikumbu		MAW	93.00	---	120	---	27-May	Lilongwe, MAW

105kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Niusila Opeloge	1980	SAM	104.60	150	200	350	13-Apr	Apia, SAM
Akos Sandor	1977	CAN	105.00	155	195	350	18-May	St Thomas, CAN
Ivorn McKnee	1981	BAR	102.00	140	185	325	16-Mar	Matanzas, CUB
Thomas Yule	1976	SCO	97.60	145	172	317	4-Mar	Woking, GBR
Gurmeet Singh	1982	IND	101.50	140	175	315	17-Feb	Guwhati, IND
Sajjad Amin Malik	1973	PAK	104.15	145	170	315	12-Apr	Karachi, PAK
Robert Galsworthy	1989	AUS	101.20	135	170	305	3-Jun	Perth, AUS
Henk Booysen	1972	RSA	104.91	135	160	295	28-Apr	Port Elizabeth, RSA
Kamran Majid	1968	ENG	104.50	125	165	290	2-Jun	Lilleshall, GBR
Daniel Nemani	1981	NZL	104.70	130	160	290	28-Apr	Auckland, NZL
Dennis Fetrie		GHA	105.00	120	140	260	29-Apr	Accra, GHA
Lawrence McConnell	1945	NIR	99.50	111	145	256	21-May	Limassol, CYP
Tadeo Kalyango		UGA		95	150	245	30-Mar	Kampala, UGA
Robert Kilindo	1972	SEY		115	130	245	14-Apr	Victoria, SEY
Maata Rokete	1991	KIR	97.00	80	100	180	29-Apr	Bairiki, KIR
Sinclair Brincat	1986	MLT	100.40	55	80	135	1-Apr	Valletta, MLT
John Chiweza		MAW	103.00	---	125	---	27-May	Lilongwe, MAW

+105kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Sarbjit Kanda	1983	IND	131.80	168	204	372	17-Feb	Guwahti, IND
Itte Detenamo	1986	NRU	148.20	162	200	362	29-Jun	Apia, SAM
Rizwan Ullah Lodhi		PAK	130.38	154	204	358	12-Apr	Karachi, PAK
Akos Sandor	1977	CAN	108.60	150	195	345	3-Feb	Toronto, CAN
Chris Rae	1980	AUS	135.24	160	185	345	30-Jun	Adelaide, AUS
Gurbinder Cheema Singh	1978	ENG	110.40	155	187	342	2-Jun	Lilleshall, GBR
Tavita Tuuamalii	1983	SAM	121.00	150	191	341	27-Apr	Apia, SAM
Dennis Suka		GHA	110.00	155	185	340	29-Apr	Accra, GHA
Maamaloa Loholea	1968	TGA	131.50	140	193	333	29-Jun	Apia, SAM
Sam Pera Jr	1989	COK	110.64	145	180	325	15-May	Darwin, AUS
William Ainslie	1979	RSA	127.27	142	175	317	28-Apr	Port Elizabeth, RSA
Frank Accouche	1966	SEY		115	160	275	14-Apr	Victoria, SEY
Jonathan McFarlane	1987	NZL	135.20	107	144	251	28-Apr	Auckland, NZL
Matthew Schembri	1986	MLT	115.00	95	135	230	1-Apr	Valletta, MLT
Leon Johnsr		GUY	119.50	70	90	160	3-Jun	Georgetown, GUY
Jim Ferguson	1938	SCO	120.80	67	85	152	22-May	Limassol, CYP

2007 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

Produced by: Michael Noonan,

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WOMEN: ONE PER COUNTRY

as at 30 June

48kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Soniya Chanu	1980	IND	47.86	75	93	168	13-Feb	Guwahati, IND
Maryse Turcotte	1975	CAN	47.90	71	96	167	31-Mar	Sherbrooke, CAN
Azike Onyeka	1990	NGR	46.70	72	85	157	29-Apr	Lagos, NGR
Suzanne Hiram	1987	NRU	47.90	71	85	156	29-Jun	Apia, SAM
Portia Vries	1984	RSA	47.67	67	87	154	28-Apr	Port Elizabeth, RSA
Erika Yamasaki	1987	AUS	47.90	67	81	148	10-Jun	Prague, CZE
Fadzil Azizah	1991	MAS		58	73	131	4-Jun	Serdang, MAS
Katsia Telemaque	1988	SEY		55	66	121	14-Apr	Victoria, SEY
Kaia Dala	1989	PNG	47.94	56	60	116	29-Apr	Port Moresby, PNG
Alice Kawla'a	1988	SOL	47.00	50	60	110	29-Apr	Honiara, SOL
Hannah Powell	1992	ENG	39.70	37	55	92	7-Jun	Fulda, AUT
S Pasco	1955	NZL	45.90	31	41	72	29-Apr	Christchurch, NZL
Danielle Callender	1990	BAR	47.90	32	40	72	24-Feb	Kosice, SVK
Teairo Kaitu	1992	KIR	48.00	15	30	45	29-Apr	Bairiki, KIR

53kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Th. Sanamacha Chanu	1978	IND	52.71	86	108	194	14-Feb	Guwahati, IND
Dika Toua	1984	PNG	52.89	81	106	187	29-Jun	Apia, SAM
Maryse Turcotte	1975	CAN	50.70	70	100	170	27-Jan	La Prairie, CAN
Gladis Chukwue Meka	1984	NGR	52.60	72	95	167	29-Apr	Lagos, NGR
Suzanne Hiram	1987	NRU	49.40	72	84	156	9-Feb	Apia, SAM
Joanne Calvino	1980	ENG	52.90	66	90	156	19-May	Bischofshofen, AUT
Erika Yamasaki	1987	AUS	51.90	68	85	153	23-Jun	Toowoomba, AUS
Raihan Yusoff	1988	MAS		62	90	152	5-Jun	Serdang, MAS
Ziyanda Mjezu	1992	RSA	51.33	45	65	110	28-Apr	Port Elizabeth, RSA
Naira Uzice		SEY		47	60	107	14-Apr	Victoria, SEY
Trish Miles	1969	NZL	52.20	36	46	82	28-Apr	Auckland, NZL

58kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Yamman Renu Balla Chanu	1986	IND	57.34	94	114	208	14-Feb	Guwahati, IND
Joke Adekola	1986	NGR	56.80	85	102	187	31-Mar	Lake Country, CAN
Wendy Hale	1987	SOL	57.01	81	100	181	25-Apr	Apia, SAM
Valerie Lefebvre	1990	CAN	57.80	80	100	180	19-May	St Thomas, CAN
Mona Pretorius	1988	RSA	56.92	76	92	168	28-Apr	Port Elizabeth, RSA
Helen Jewell	1988	ENG	57.70	75	86	161	2-Jun	Lilleshall, GBR
Clementina Agricole	1988	SEY		70	90	160	14-Apr	Victoria, SEY
Diana Loy	1965	AUS	57.80	64	83	147	15-May	Darwin, AUS
Faitoa Tavila	1989	NRU	55.00	62	80	142	29-Apr	NRU
Nur Amyza Ismail	1988	MAS	56.12	63	77	140	15-May	Darwin, AUS
Urima Teryll	1992	SAM	58.00	52	66	118	29-Jun	Apia, SAM
Melo Sio	1984	TGA	54.00	50	60	110	29-Apr	Nukualofa, TGA
Tina Ball	1956	NZL	54.50	46	59	105	28-Apr	Auckland, NZL
Nao Gari	1990	PNG	56.44	45	55	100	29-Apr	Port Moresby, PNG

63kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Christine Girard	1985	CAN	63.00	100	127	227	19-May	St Thomas, CAN
Thongam Soma Rani Chanu	1985	IND	58.10	86	115	201	15-Feb	Guwahati, IND
Seen Lee	1982	AUS	59.20	90	104	194	16-Jun	Melbourne, AUS
Wendy Hale	1987	SOL	58.80	70	100	170	29-Jun	Apia, SAM
Prossy Nyanga		UGA				167	11-May	Tripoli, UGA
Shade Jimoh	1985	NGR	61.50	72	92	164	29-Apr	Lagos, NGR
Rita Kari	1989	PNG	59.40	70	90	160	29-Apr	Port Moresby, PNG
Amy Eastmond	1986	ENG	62.15	72	85	157	2-Jun	Lilleshall, GBR
Mercy Obiero	1978	KEN				155	28-Mar	Kampala, UGA
Noor Hasliza Sabani	1991	MAS	58.86	56	70	126	15-May	Darwin, AUS
Brenda Lozaique		SEY		55	70	125	14-Apr	Victoria, SEY
Jenna O'Neill	1987	SCO	61.20	54	66	120	14-Apr	Mytholmroyd, GBR
Edes Batsiua	1983	NRU	62.70	50	65	115	29-Apr	NRU
Vanessa Salimu	1991	SAM	62.80	50	64	114	25-Apr	Apia, SAM
R Taniela		NZL	59.40	50	57	107	29-Apr	Auckland, NZL

69kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Laishran Monika Devi	1980	IND	68.52	106	123	229	16-Feb	Guwahati, IND
Christina Girard	1985	CAN		90	120	210	17-Mar	Rouyn Noranda, CAN
Michaela Breeze	1979	WAL	63.80	90	112	202	1-Apr	Cardiff, GBR
Janet Thelemont	1979	SEY		90	105	195	14-Apr	Victoria, SEY
Mary Ehlebi	1984	NGR	68.00	75	100	175	29-Apr	Lagos, NGR
Elena Palamara	1986	AUS	66.70	78	91	169	20-May	Sydney, AUS
Jodie Kokiva	1990	PNG	68.30	73	93	166	29-Apr	Port Moresby, PNG
Mary Opeloge	1992	SAM	68.42	75	90	165	25-Apr	Apia, SAM
Chantal Lambrechts	1990	NZL	69.20	61	76	137	28-Apr	Auckland, NZL
Dessina Detenamo	1992	NRU	68.00	55	75	130	29-Apr	NRU
Denise Offermann-Loizou	1965	CYP	67.90	55	67	122	2-Jun	Hostenback, GER
Georgina Black	1989	SCO	68.90	40	70	110	2-Jun	Lilleshall, GBR
Parnilar Teika	1989	SOL	68.00	45	55	100	29-Apr	Honiara, SOL
Fiona Cunningham	1991	NIR	67.80	34	45	79	28-Apr	Ballyclare, NIR
Toka Tooma	1992	KIR	69.00	20	30	50	29-Apr	Bairiki, KIR

75kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Jeanne Lassen	1980	CAN	73.10	112	137	249	25-Mar	Bordeaux, FRA
Sumati Devi	1984	IND	75.00	95	115	210	16-Feb	Guwahati, IND
Juliet E. Okoebor	1989	NGR	73.50	92	115	207	29-Apr	Lagos, NGR
Amanda Phillips	1981	AUS	74.80	81	110	191	23-Jun	Toowoomba, AUS
Babalwa Ramahlape	1980	RSA	74.98	80	100	180	28-Apr	Port Elizabeth, RSA
Mary Opeloge	1992	SAM	70.80	84	94	178	29-Jun	Apia, SAM
Marie York	1988	ENG	72.40	74	94	168	19-Apr	Strasbourg, FRA
Guba Hale	1986	PNG	69.40	70	80	150	29-Apr	Port Moresby, PNG
Georgina Black	1989	SCO	69.80	63	78	141	14-Apr	Mytholmroyd, GBR
Olive Mateialona	1987	TGA	75.00	60	80	140	29-Apr	Nukualofa, TGA
Irene Manioru	1980	SOL	74.00	50	65	115	29-Apr	Honiara, SOL
Rita Tooma	1970	KIR	70.00	35	45	80	29-Apr	Bairiki, KIR
A King	1980	NZL	74.40	34	45	79	25-Mar	Christchurch, NZL

+75kg Class	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Ele Opeloge	1985	SAM	114.20	108	145	253	18-Jun	Apia, SAM
Geeta Rani	1981	IND	107.50	101	140	241	17-Feb	Guwahati, IND
Funke Adeoye	1985	NGR	82.50	102	127	229	29-Apr	Lagos, NGR
Deborah Lovely	1983	AUS	86.60	100	126	226	15-May	Darwin, AUS
Natalie Williams	1986	CAN	132.20	95	130	225	19-May	St Thomas, CAN
Kefilini Tualau	1984	TGA	134.27	103	120	223	29-Jun	Apia, SAM
Narita Viliamu	1989	NIU	141.00	88	120	208	29-Apr	Alofi, NIU
Anike Ayodeji	1983	NGR	75.40	90	115	205	31-Mar	Lake Country, CAN
Judith Ketchanke	1983	CMR	95.80	75	100	175	4-Mar	Bourgogne, FRA
Danielle Waller	1965	AUS	87.45	77	93	170	18-Mar	Perth, AUS
Tracey Lambrechts	1985	NZL	80.40	75	92	167	28-Apr	Auckland, NZL
Matilda Joe	1986	PNG	86.19	73	85	158	29-Apr	Port Moresby, PNG
Daisy Tolugu	1975	SOL	80.00	67	90	157	29-Apr	Honiara, SOL
Nurul Liyana Ismail		MAS		60	80	140	8-Jun	Serdang, MAS
Sandra Smith-Vokroj	1962	ENG	97.40	55	80	135	20-May	Limassol, CYP
Laura Kerr	1985	NIR	76.60	56	75	131	28-Apr	Ballyclare, NIR
Michaela Detenamo	1992	NRU	76.00	50	70	120	29-Apr	NRU
Claire Cameron	1958	SCO	93.25	42	57	99	20-May	Limassol, CYP
Abi Walters	1993	WAL	96.00	43	55	98	13-May	Holyhead, GBR
H Todd	1966	NZL	91.20	37	50	87	29-Apr	Christchurch, NZL